

Little Dragons Karate - Class Application

School: _____

Child's Name: _____ Age: _____

Parent's Name: _____

Phone: _____ Email: _____

Address: _____

City: _____ Zip: _____

☐ 4 Weeks = \$35.00

☐ 8 Weeks = \$70.00

Amount Enclosed: _____
Please make checks payable to: **JOSHUA DUNCAN

This is a legal waiver that releases LITTLE DRAGONS KARATE, Joshua Duncan and any of its affiliated schools of any and all actions, lawsuits, claims or demands, that I, my heirs, guardians, legal representatives, or assigns now have or may have in the future for injury or damage due to my child being enrolled in LITTLE DRAGONS KARATE.

Parent's/Guardian's Signature: _____ Date: _____

Advanced Martial Arts training available at **Lomita Park Soo Bahk Do** and **Lawndale Soo Bahk Do** for ages 5 yrs - adult.
Call for more info 310-748-8076



Bully Proof Your Child Today



**Children's Self Defense
and
Motor Skills Development**

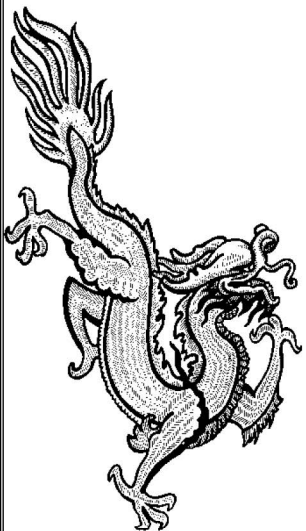
**Fun
Discipline
Focus**

Ages 3 and older

www.lpssoobahkdo.com



THE BENEFITS OF MARTIAL ARTS



Give your child a great start in life with LITTLE DRAGONS KARATE. Our classes teach children the physical aspects of martial arts promoting safety, balance, coordination and motor skills development. Along with physical benefits of martial arts, children will develop an "I CAN" attitude as well as self confidence, focus, and working with others. **LITTLE DRAGONS KARATE** does not condone fighting in or out of class and make it a point to teach students the importance of this rule.

ABOUT THE INSTRUCTOR

All classes are conducted by Master Joshua Duncan, a 6th Degree Black Belt in Soo Bahk Do Moo Duk Kwan, and 1st Degree Black Belt in Hapkido. Joshua Duncan is a nationally certified Master Instructor with over 25 years of martial arts training, and over 20 years teaching experience. Along with the LITTLE DRAGONS program, Joshua Duncan also conducts classes for ages 5 – adult in the cities of **Lomita** and **Lawndale**.



**Lawndale
Community Center**
14700 Burin Ave
Lawndale, CA. 90260

Lomita Park
24428 Eshelman Ave
Lomita, CA. 90717

CLASSES

All classes are conducted in a fun and educational manner with children in mind focusing on 3 areas of development; mind, body and spirit. Classes consist of stretching and strengthening exercises, motor skills development, Korean language / terminology, defensive techniques, safety awareness and games to make it fun.

Mind; learning skills, focus, and discipline.

Body; strengthening, flexibility, coordination and self-defense.

Spirit; positive attitude, determination and self-control.

No uniforms are required, but are available for those who wish to purchase them. **Girls are required to wear pants or shorts to train.** Parents are always welcome to watch classes.



Get a kick out of learning
LITTLE DRAGONS KARATE
(310) 748-8076
www.LPsoobahkdo.com